

LEVEL UP WITH LAURIE TERMS OF USE

This agreement (the “Agreement”) between Level Up with Laurie LLC (“us” or “we”) and you sets forth the terms and conditions which govern your use of the Level up with Laurie website (the “Site”) and/or the services, including without limitation the video streaming and online shopping services (the “Services”) which are provided by us. The terms of use set forth herein, including those additional terms and conditions and policies referenced herein and/or available by hyperlink and any policies or operating rules posted by us on the Site or in respect of the Services (collectively, the “Terms”) constitutes the entire agreement and understanding between you and us and governs your use of the Services. By agreeing to the Terms, you represent that you are at least 18 years of age.

PLEASE READ THIS AGREEMENT CAREFULLY BEFORE ACCESSING OR USING THE SITE AND/OR SERVICES. BY ACCESSING OR USING THE SITE AND/OR SERVICES, YOU AGREE TO BE BOUND BY THE TERMS. IF YOU DO NOT WISH TO BE BOUND BY THE TERMS, YOU MAY NOT ACCESS OR USE THE SITES OR SERVICES.

We reserve the right to update, change or replace any part of the Terms by posting updates and/or changes to our website. It is your responsibility to check the Site periodically for changes. Your continued use of or access to the Site following the posting of any changes constitutes acceptance of those changes. You can review the most current version of the Terms at any time on the Site. From time to time, we may supplement the Terms with additional terms and conditions pertaining to specific content, activities or events (“Additional Terms”). Such Additional Terms may be placed on the Site to be viewed in connection with the specific content, activities, features or events and shall be identified as such. You understand and agree that such Additional Terms are hereby incorporated by reference into this Agreement. Any new features or tools which are added to the current store shall also be subject to the Terms.

Our online store is hosted by an online e-commerce platform that allows us to sell our products and services to you, and their terms of service shall apply to any purchases made through the Site.

DISCLAIMER

You should consult your physician or other health care professional before starting this or any other fitness program to determine if it is right for your needs and that you can safely perform any of the fitness program activities contained in the streaming videos

without any adverse consequences. This is particularly true if you (or your family) have a history of high blood pressure or heart disease, or if you have ever experienced chest pain when exercising or have experienced chest pain in the past month when not engaged in physical activity, smoke, have high cholesterol, are obese, have a pre-existing medical condition, are pregnant or trying to become pregnant or are breast-feeding, or have a bone, joint problem or past injury that could be made worse or reaggravated by a change in physical activity. Do not undertake the workouts in this fitness program if your physician or health care provider advises against it.

If you experience faintness, dizziness, pain or shortness of breath at any time while exercising you should stop immediately. Not all exercise programs are suitable for everyone. The instruction presented herein is in no way intended as a substitute for medical advice or counseling. Any exercise program may result in injury or worse. Always warm up before using any of our video workouts, and stop if you feel you are exercising beyond the level you feel comfortable. Not all exercises are intended for every level, so break or discontinue when needed.

The information in our workouts or other information contained in our streaming videos (collectively, a "Workout") and on our Site, including, but not limited to, any and all suggestions, opinions, recommendations, workouts, and tips, is intended solely for educational purposes. You should not rely on this information as a substitute for, nor does it replace, professional medical advice, diagnosis, treatment or therapy. If you have any concerns or questions about your health, you should always consult with a physician or other health-care professional. Do not disregard, avoid or delay obtaining medical or health related advice from your health-care professional because of something you may have read on the Site. The use of any information provided, including Workouts are solely at your own risk.

By viewing or using a Workout, you fully and irrevocably assume any and all risks of any kind resulting from performing any exercise in the Workout, using the equipment shown in the Workout, relying on the Workout, taking any action in connection with the Workout, or failing to take any action in connection with the Workout. None of the creators, authors, or publishers of a Workout, or any entity or person associated with any such person, including, but not limited to Level Up with Laurie LLC and Laurie Campbell (collectively, the "Released Parties"), assumes or shall be deemed to have assumed any responsibility or liability for any injuries, losses, costs, claims or damages of any kind, including as a result of negligence of any kind (collectively and individually, a "Loss"), that may occur as a result of using or viewing any Workout or relying on any information contained in any Workout. The Released Parties expressly disclaim any and all liability for any such Loss and, by viewing or using any Workout, you shall be deemed to have expressly agreed that none of the Released Parties shall have any responsibility whatsoever for any Loss. The information provided in any of our streaming videos or on the Site is provided without any warranty of any kind, express or implied, including any warranty of merchantability or fitness for a particular purpose.

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PRODUCTS OR SERVICES (if applicable)

Certain products or services may be available exclusively online through the website. These products or services may have limited quantities and are subject to return or exchange only according to our Return Policy. We have made every effort to display as accurately as possible the colors and images of our products that appear at the store. We cannot guarantee that your computer monitor's display of any color will be accurate. We reserve the right, but are not obligated, to limit the sales of our products or Services to any person, geographic region or jurisdiction. We may exercise this right on a case-by-case basis. We reserve the right to limit the quantities of any products or services that we offer. All descriptions of products or product pricing are subject to change at any time without notice, at the sole discretion of us. We reserve the right to discontinue any product at any time. Any offer for any product or service made on this site is void where prohibited. We do not warrant that the quality of any products, services, information, or other material purchased or obtained by you will meet your expectations, or that any errors in the Service will be corrected.

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